

ANNUAL REPORT
OF
TRIPURA NURSING COUNCIL
AGARTALA
MAY'2014



DIRECTORATE OF HEALTH SERVICES

3rd Floor

Pt. Nehru Complex, Gurkhabasti ,

Agartala, WEST TRIPURA.

**CELEBRATION OF “INTERNATIONAL NURSES’DAY’2014”
AND 11TH ANNUAL PRIZE DISTRIBUTION CEREMONY;
194th BIRTH ANNIVERSARY OF FLORENCE NIGHTINGALE**

THEME:

The theme for 2014 is **NURSES: A FORCE FOR CHANGE-A VITAL RESOURCE FOR HEALTH**

As the largest health care profession in the world, there is no doubt that nurses are key to the achievement of the Millennium Development Goals. Nurses are often the only health professionals accessible to many people in their lifetime. So nurses are particularly well placed and often the most innovative in reaching underserved and disadvantaged populations.

Nurses are educated to understand the complex nature of maintaining health and wellness, and the impact of psychosocial and socio-economic factors such as poverty, unemployment and ethnicity.

They see the context for wellbeing and accordingly act in way to reach beyond the immediate presenting problems.

Nurses have done much towards the achievement of the MDGs and to help shape and deliver sustainable goals and outcomes beyond 2015. And we can be proud of our achievements. Yet there is still more that we can and must do.

Nurses must engage in advocacy and lobbying. We must be involved in the development of any programme introduced to improve health services as it is nurses who have the practical knowledge of how health service delivery can be designed, coordinated and effectively implemented.

National nurses associations (NNAs) have an important role to play in informing, advising, encouraging and supporting nurses in their work. NNAs must continue to work with governments and others to strengthen health systems and create the conditions necessary to maximise the contribution of nurses.

Significance of the Day:-

International Nurses' Day is celebrated annually on 12 May, the anniversary of the founder of modern day nursing, Florence Nightingale's birthday. Nursing is the largest health care profession in the world and nurses are the key of achieving the Millennium Development Goals . Nurses are well trained and educated for maintaining the health and wellness of the patients through all the aspects like psychologically socially and etc.

Nurses have deep practical knowledge of delivering best health care services. National Nurses associations play an important role in making nurses well informed, advised, encouraged and supported to deliver better work.

National Nurses associations' works with the governments and non-government organizations to strengthen the health care systems as well as create conditions maximizing the nurses contribution.

It is celebrates with an aim for increasing public awareness about the nursing and nurses contribution towards the health care innovation. Nurses are fast and first point of contacting for health services and innovatively practiced to provide free health check up to the industries indicating their willingness of improving the health of staffs to meet all the local needs to improve the physical, mental and wellbeing of the clients as well as society.

About the theme,2014:

An educated nurse workforce + a good work environment = high quality care.

This simple, evidence based, equation whether applied at a global or a local level in the health system is fundamental for understanding how to make the best use of the vital resource which is “Nursing”.

Now a day, with the technological advancement the rules and roles of nurses are changing frequently according to the situation. To evaluate the changes in roles in terms of their impact would clearly be of value for the nurse workforce particularly at times of challenge and, as in the case of nurse consultant roles, could ensure more effective workforce planning, role development and educational preparation.

New Rules for 21st Century health care:-

- Care is based on continuous healing relationships
- Care is customized according to the patients needs and values

- **The patient is the source of control**
- **Knowledge is shared and information flows freely**
- **Decision making is evidence based**
- **Safety is a system property**
- **Transparency is necessary**
- **Needs are anticipated**
- **Waste is continuously decreased**
- **Cooperation among clinicians is a priority**

A well performing workforce is one that works in ways that are responsive, fair and efficient to achieve the best outcomes possible, given available resources and circumstances.

- **i.Organizing Committee:**

Chairman: Registrar, Tripura Nursing Council.

Joint Convener: Smt. Santi Pal, S/T, TNC,Agt.

Smt. ChitraliNath, S/N, IGM Hospital, Agt.

Treasurer: Smt. Swapna Debbarna, LDC, TNC, Agt. Will be assisted by
Smt. Santi Pal, S/T, TNC,Agt.

Members include:

- a. All PNOs/ Principal of the Nursing Training Institutes.
- b. All members and invitee members of TNC,Agartala.

- **Distinguish Guests are:**

1. Hon'ble Health Minister, Govt. of Tripura – Inaugurator and Chief Guest,
2. The Secretary, H&FW, Govt. of Tripura – Guest of Honor.
3. The Director FW&PM, Govt. of Tripura - Special Guest, ,,
4. M.D.NRHM, Govt. of Tripura
5. The Chair person, Mahila Commision,Agartala,,
6. The Principal, Tripura College of Nursing, Hapania, ,,,,

Director of Health Services, the President of Tripura Nursing Council will preside over the Programme.

ii. The following Sub-Committee was prepared:

- **Invitation and Reception Committee:**
- **Scientific session Committee:**
- **Hall management Committee:**
- **Publicity Committee:**

- **Food & Refreshment Committee:**
- **Cultural Committee**

Joint Convener:Smt. Tulshi Ghosh Banik, S/N, AGMC & GBPH,

- **Members include:**
 - a. Smt. Kamana Chakraborty, S/N, Cancer Hospital, Agt,
 - b. Smt. Geeta Bhowmik, S/N
- **Cultural Committee: Teachers of Dr. BRAM Nursing School.**
- **Other members include:**
 - a. Smt. Manashi Majumder, S/N, IGM Hospital, Agt.
 - b. Smt. Karabi Chakraborty, S/N, AGMC & GBPH.
- **Prize Distribution Committee:**

Convener:Smt. Rubi Mitra, Sister-Tutor, NTI, AGMC & GBPH,

Joint Convener:Smt. Sumita Das, Sister-Tutor, NTI, AGMC & GBPH,

Smt. Sampa Sarker, Sister-Tutor, NTI, AGMC & GBPH,

- **Members include:**
 - a. Smt. Rina Das, S/N, Acting Tutor, Dr. BRAMNS,
 - b. Smt. Gauri Sinha, S/N, Acting Tutor, Dr. BRAMNS,

3. Consent of the Guest will be obtained by the Convener and Joint Convener of the Programme.

4. Theme for this year is: “Closing the Gap Millennium Development Goals”.

5. The programme will be celebrated in three sessions:

1st session:

A Rally will be organized by Smt. Santi Pal, Sister-Tutor, TNC, which will start at 6 a.m. from Umakanta Academy – RMS Chowmuhani-Post-Office Chowmuhani – Battala-Fire Service to Umakanta Academy.

2nd Session:

Scientific Session: A competition on Presentation of the Theme among the Nursing Students of all institutions will be organized and conducted by Smt. Anupama Kar, Sister - Tutor, NTI, Smt. Rita Bhattacharjee, Sister Tutor, Dr. BRAMNS and Smt. Swapna Chakraborty, Sister-Tutor, Dr. BRAMNS at 2p.m. to 4 p.m.

3rd Session:

Nurses Day and Prize Distribution Ceremony of the Council Examination will be inaugurated by the distinguished guest at 5 p.m.

BY LAWS OF TRIPURA NURSING COUNCIL.

1. THE TRIPURA NURSING COUNCIL ACT, 1986.
2. THE TRIPURA NURSING COUNCIL RULES, 1987.
3. THE TRIPURA NURSING COUNCIL REGULATIONS (EDUCATIONAL ESTABLISHMENT & EXAMINATION etc.)1990.

PROFILE:

The Tripura Nursing Council a **REGULATORY BODY** is under the Government of Tripura, Health & Family Welfare department. The Tripura Nursing Council **Act, 1986** enacted by, the Legislative Assembly of Tripura in the **THIRTY SEVENTH YEAR OF THE REPUBLIC OF INDIA,** to provide for constitution of a Nursing council for Tripura in order to regulate teaching in general nursing, midwifery, auxiliary nursing midwifery, health visitors or public health nursing in the State and for matters connected therewith and incidental thereto.

Sources of Income:

1. Affiliation Fees from the Nursing Institutions
2. Registration Fees of students
3. Qualifying Registration fees
4. Additional Registration fees
5. Registration Renewal fees
6. Examination fees of students

Statistical Statement:

The total numbers of qualified nursing personnel in the State Registers as on 8th May'2014 are as follows:

1. **M.Sc. Nurses:** 24 Female Nursing Personnel (13 in Govt. Services- 2 Principal Nursing Officer, 7 Sister-Tutor, 4 Staff Nurses) and 11 in Private Sectors.
2. **B.Sc.Nurses:** 198 (189 Female and 9 Male).
3. **Post-Basic B.Sc.Nurses:** 60 (Female).
4. **Diploma in Public Health Nurses:** 35 (Female).
5. **Diploma in Nursing Education and Administration:** 21.
6. **General Nurses (Staff Nurses):** 2179 (2045 Female and 134 Male).
7. **Auxiliary Nurse and Midwives (old):** 585 (Female).
8. **Multipurpose Health Workers (F)/RNM:** 713 (688 Female and 25 Male).
9. **Lady Health Visitors:** 14(Female) all are retired now.
10. **Female Health Supervisors:** 51(Female)

**AVAILABLE FACILITIES & FUTURE PLAN OF NURSING EDUCATION, ADMINISTRATION,
HOSPITAL & COMMUNITY HEALTH SERVICES IN TRIPURA STATE.**

I. TOTAL NUMBER OF NURSING INSTITUTIONS FUNCTIONING IN THE STATE:-

SL.NO.	NAME OF PROGRAMME	INSTITUTIONS				TOTAL
		GOVT.	PVT.	SOCIETY RUN	PPP MODEL	
1.	ANM	2	-	-	1	3
2.	GNM	2	3	-	-	5
3.	B.SC.NURSING(BASIC)	-	2	1	1	3
4.	POST-BASIC B.SC. NURSING	-	1	-	-	1
5.	M.SC.NURSING	-	-	-	-	-

II. NO. OF PROPOSED NURSING PROGRAMME INSTITUTES:

SL. NO	NAME OF INSTITUTES	PROGRAMME			GOVT/PVT.	LOCATION
		NEW ESTABLISHMENT	INTRODUCTION	SEAT ENHANCEMENT		
1.	COLLEGE OF NURSING TRIPURA,	MSc.(N).	-	-	Society run	West Dist.
3.	INS, DURJOYNAGAR,	-	M.Sc.(N)	-	Pvt.	West Dist.
4.	ILS NURSING INSTITUTE, AGT.	-	ANM®	GNM(40 – 60)	Pvt.	West Dist
5.	MPW(F)TRAINING INSTITUTE, KLS	-	Skills Lab	ANM®(25 to 50)	Govt.	Unokoti Dist
6.	MPW(M)TRAINING INSTITUTE, AGT	ANM®	Skills Lab	ANM® 40 intake/yr.	Govt.	West Dist
7.	ANM TRAINING INSTITUTE, DHALAI DIST.	ANM®	Skills Lab	ANM® 40 intake/yr.	Govt.	Dhalai Dist.
8.	DR. BRAM NURSING SCHOOL, AGT	Diploma in Midwifery course	Skills Lab	5 to 10 intake /yr.	Govt.	West Dist
9.	NURSES TRAINING INSTITUTE, AGT.	Post Basic B.SC.(N)	Skills Lab	30 intake /yr.	Govt.	West Dist

III. PROGRAMME WISE TOTAL NO. OF ADMISSION MADE IN THE YEAR 2013 – 14.

SL.NO.	PROGRAMME/COURSE	GOVT. INSTITUTIONS			PVT. INSTITUTIONS			TOTAL
		M	F	TOTAL	M	F	TOTAL	
1.	ANM	-	64	64	23	34	57	121
2.	GNM	48	48	96	47	79	126	222
3.	B.SC.(N)	-	-	-	33	32	65	65
4.	B.SC(N),SOCIETY RUN	23	37	60	-	-	-	60
5.	P.B.B.SC(N)	-	-	-	2	17	19	19
6.	SHORT COURSE (6 MONTH MIDWIFERY)	16	-	16	-	-	-	16

IV. TOTAL NO. OF STUDENTS QUALIFIED DURING THE YEAR 2012-13.

SL.NO.	PROGRAMME	GOVT.			TO BE QUALIFIED	PVT.			BOTH GOVT. & PVT. TO BE QUALIFIED	TOTAL QUALIFIED
		M	F	TOTAL		M	F	TOTAL		
1.	ANM	-	63	63	64	-	-	-	119	63
2.	GNM	19	35	54	200	-	28	28	234	82
3.	BASIC B.SC(n)	1	16	17	180	-	-	-	33	17
4.	P.B.B.SC.(N)	-	-	-	-	-	26	26	37	26

Annual conducts of the Tripura Nursing Council, 13th May'2013 to 8th May'2014 as bellows: -

1) **NURSING EDUCATION:** Nursing education is being imparted in the following Nursing Institutions:

ANM COURSE

- ANM Training Institute, Udaipur , Gomati Tripura.
- MPW (F) Training Institute, Kailashahar, Unokoti Tripura.
- School of Nursing, TIPS Hapania, West Tripura.

GNM COURSE

- a) Nurses Training Institute, AGMC & GBP Hospital, West Tripura.
- b) Dr. BRAM Nursing School (Male GNM),
Old Govt. Music College Campus, Agartala, West Tripura.
- c) INS, Durjoynagar, Agartala, West Tripura,
- d) ILS Nursing Institute, Capital Complex, Agartala, West Tripura.
- e) Tripura Sundari College of Nursing, Tulakuna, West Tripura.

B.Sc. NURSING COURSE.

- a) Tripura College of Nursing, Hapania, West Tripura.
- b) Institute of Nursing Science, Durjoynagar, Agartala, West Tripura.
- c) Tripura Sundari College of Nursing, Tulakuna, West Tripura.

POST-BASIC B.Sc. NURSING COURSE.

* Post-Basic College of Nursing, 9A, Mantribari road, Agartala.

As per the regulations & policy of Indian Nursing council, New Delhi, vide No. 1-5/GB-CIR/2010, INC, dated 28th August'2010, the regulations are accepted & implemented by the Tripura Nursing Council with the approval of the Government of Tripura as follows:

- i) Last date for the admission to any Nursing programme is on **30th September** every year.
- ii) Chance for the supplementary attempts in favour of each subject maximum **4 attempts** (1 main + 3 supplementary).

- iii) The **Internship Marks** also be counted for **gradation** and to be included in the main Mark sheet.
- iv) **Eligibility Criteria** for admission to GNM 3 ½ years Course is H.S.+2 stage with Science preference & ANM 2 years Course is also H.S.+2 Stage passed.
- v) Council conducted **Examination** on 30th **June**'2013 to 15th **July**'2013, 30th **August**'2013 to 20th **September**'2013, 31st **December**'2013 to 9th **January**'2014 and 28th **February**'2014 to 14th **March**'2014.
- vi) **Published Results :**

Results of Examination held on **30th June'2013 to 15th July'2013**, as bellows:

In GNM Course:

***2nd Year:** Total Candidates re-appeared 11.

Successfully passed 10.

***3rd Year:** Total Candidates appeared and re-appeared 56.

Successfully passed 54.

***In-Service GNM:** Total Candidates appeared 8.

Successfully passed 8.

In ANM Course:

***1st Year:** Total Candidates appeared 82.

Successfully passed 75.

***Final Year:** Total Candidates appeared 39.

Successfully passed 39.

Results of Examination held on **30th August'2013 to 20th September'2013**,
as bellows:

In GNM Course:

***1st Year:** Total Candidates appeared AND RE-APPEARED 226.

Successfully passed 125.

***2nd Year:** Total Candidates appeared 178.

Successfully passed 152.

***Final Year:** Total Candidates appeared and re-appeared 17.

Successfully passed 4.

Results of Examination held on **31st December'2013 to 9th January'2014** as
bellows:

In GNM Course:

***2nd Year:** Total Candidates appeared and re-appeared 2 .

Successfully passed 2.

***3rd Year:** Total Candidates appeared 13 .

Successfully passed 13.

***In-Service GNM:** Total Candidates appeared 8.

Successfully passed 8.

Results of Examination held on **28th February'2014 to 14th March'2014** as
bellows:

In GNM Course:

***1st Year:** Total Candidates re-appeared 101.

Successfully passed 93.

***2nd Year:** Total Candidates appeared 37.

Successfully passed 37.

IN ANM Course:

***1st Year:** Total Candidates appeared and re-appeared 7.

Successfully passed 7.

***Final Year:** Total Candidates appeared 92.

Successfully passed 77.

- vii) **Inspection and Affiliation:** TNC conducted inspection and permitted for continuation of the courses in the following institutions:
- a) NTI, AGMC & GBP Hospital: For continuation GNM Course.
 - b) Dr. BRAM Nursing School: For continuation Male GNM Course.
 - c) INS, Durjoynagar: For continuation GNM, Post-Basic B.Sc. Nursing and Basic B.Sc. Nursing Courses.
 - d) ILS Nursing Institute: For continuation of GNM Course
 - e) Tripura Sundari College of Nursing, Tulakuna: For continuation of GNM and Basic B.Sc. Nursing Courses.
 - f) TIPS School of Nursing: For continuation ANM course commencing Basic B.Sc. Nursing Course.
- viii) Partial consent has been given to the following Institutes:

- a) **Tripura College of Nursing, Hapania:** for commencing M.Sc. Nursing Course in 4 specialty subjects, like Master in Medical-Surgical Nursing, Pediatric Nursing, Obstetrics and Gynecological Nursing and Mental Health and Psychiatric Nursing.
 - b) ILS Nursing Institute: for commencing ANM courses.
- ix) Registration of Nursing personnel:
- a) Qualifying registration on going.
 - b) Started the system of reciprocal registration.
 - c) Renew of registration after 5 years on going.
 - d) Addition of Additional Qualification.
 - e) System of online registration – under process.
 - f) System of live registration – under process.

2) INSERVICE EDUCATION & TRAINING:

- a) Ministry of Health and Family Welfare, Government of India, in coordination with the National Rural Health Mission, organized a 2 days' Workshop on **Competency Assessment of in-service ANM and GNM Staffs** at SSKM & Calcutta Medical College Hospital, attended 3 Nursing Faculty of Government Sector as Training of Trainer sanctioned by the Govt. of Tripura, Agartala.
- b) Under the scheme of development of nursing service, Tripura Nursing Council conduct an orientation training for implementation of ANM[®] Syllabus w.e.f. September' 2013 for Teaching Faculty of all Nursing Training Institute for 30 participants in each batches.
- c) Implemented 2 years course of ANM[®] throughout the state under the guidance of Indian Nursing Council, New Delhi.

- d) Established Skills Laboratory in the ANM Training Institute, Udaipur, Gomati Tripura attached to the District Hospital, Udaipur.
- As per INC norms 6 month Midwifery Training for in-service Male GN Staffs undergone Training in (3rd & 4th batch) Dr. BRAM Nursing School.

3) Nursing service and Administration:

* On behalf of **Nursing cell**, Government of Tripura, for Administrative Set up of Tripura Nursing Services (Nursing Education and Research, Hospital Nursing Services and Public Health Services) proposal for restructuring the organogram of Tripura Nursing Services has been submitted to the Department of health & Family Welfare, Govt. of Tripura, which is under process.

*Participate in State Level Survey of different Health Institutions for placement of different category of Nursing Personnel according to the Indian Nursing Council and Government of India Norms.

*The proposal of Govt. of India, regarding career development of ANM & GNM Staffs is processing by the council.

* Project proposal is prepared and send **to the Govt. of India for STRENGTHENING THE 2 GOVT. GNM SCHOOL OF NURSING IN THE YEAR OCTOBER '2010, @ RUPEES 25 LACS PER SCHOOL, reminder submitted and WAITING FOR THE SANCTION.**

* Project proposal is prepared and send **to the Govt. of India, for new opening of ANM School in Dhalai District, attached to the District Hospital, Kulai, Dalai District.**

* Project proposal is prepared and send **to the Govt. of India (MOU), for introduction of 2 years ANM course in the existing MPW(M) Training Institute, Palace Compound, Agartala, and increasing intake capacity in**

MPW(F) Training Institute, Kailasahar, Unokoti District, waiting for sanctioned.

*** Planning for development of a model Training Centre for Implementation of the STRENGTHENING COMPETENCY BASED TRAINING OF HEALTH CARE PROVIDERS FOR REPRODUCTIVE MATERNAL , NEWBORN & CHILD HEALTH (RMNCH) SERVICES.**

***Planning for preparation of a Model Village for implementation of the various pre-service skill practices by the ANM® Trainees.**

***Planning for implementation of post diploma course prescribed by the INC such as MIDWIFERY PRACTITIONER COURSE.**

4) Nursing Research:

Tripura Nursing Council participated in the Research Project w.e.f. 9th April'2012 to 13th April'2012, conducted by the National Health & Family welfare Department with the help of ICMR, New Delhi, on Topic:

“NURSING MANAGEMENT OF RCH SERVICES IN NORTH EASTERN STATES OF INDIA”:

Achievements of TNC'2014:

- i) Tripura State Nightingale Award for one 'Best' bed side Nursing Staff and one Community Field Health Worker (F) is approved by the Department of Health and Family Welfare, Govt. of Tripura.
- ii) Amendments of some of the Tripura Nursing Council, **Act, 1986, TNC Rules, 1987 & Regulations** (Examination & Educational Establishment) **1990.**
- iii) **Rates & Subscriptions** are revised as follows:
 - Qualifying Registration fees:- Rs. 200/-

- Renewal of registration:- Rs. 200/-
 - Addition of Qualification : Rs. 300/-
 - Travelling expenses for members attending meeting at TNC : Rs. 50/-
 - Honorarium for Inspectors appointed by TNC: Rs. 200/-
 - Refreshment charge for theory examiner:-Rs.20/- per examiner.
- iv) Preparation of various guidelines by the Education Committee of TNC as follows:
- Guidelines for preparation of Questions.
 - Moderator of questions.
- v) Internet Connection facilities.
- vi) Developed and hosted website of Tripura Nursing council and waiting for inauguration.
- **Demands for future:**
- To enrich the TRIPURA NURSING COUNCIL, proposed for:
- Own Council Building
 - **Human Resources:** Permanent post of Registrar, Deputy Registrar.
 - One **Vehicle.**

Merit List of GNM students in the TNC Examination year'2013.

SL. No	Name of students with registration number	Marks obtained	Position	Name of Institution
1.	Smt. Sayeda Nadia Hasan 48/GNM/TNC/10	1324	1 ST	INS, Durjoynagar
2.	Smt. Debasmita chakraborty 9/GNM/TNC/10	1287	2 ND	INS, Durjoynagar
3.	Smt. Doyel Saha 14/GNM/TNC/10	1236	3 RD	INS, Durjoynagar

Merit List of ANM® students in the TNC examination July'2013

SL. No	Name of students with registration number	Marks obtained	Position	Name of Institution
1.	Smt. Sanchita Shil	1012	1 st	ANM Training Institute, Udaipur
2.	Smt. Hashina Bibi	1006	2 nd	ANM Training Institute, Udaipur
3.	Smt. Jayashree Bhattacharjee	998	3 rd	ANM Training Institute, Udaipur

Merit List of ANM® Students in the Council Examination February'2014

SL. No	Name of students	Marks obtained	Position	Name of Institution
1.	Sri Pradip Chakraborty	1074	1 ST	School of Nursing, TIPS, Hapania
2.	Smt. Sudipa Shil	1058	2 ND	School of Nursing, TIPS, Hapania
3.	Sri Prasanta Majumder	1040	3 RD	School of Nursing, TIPS, Hapania

**Merit List of 6 Month Midwifery Training Course
of In-Service GNM Staffs '2013**

SL. No	Name of students	Marks obtained	Position	Name of Institution
1.	Sri Sujit Kumar Nath	163	1 ST	Dr. BRAM Nursing School, Agartala
2.	Smt. Biswajit Debnath	152	2 ND	Dr. BRAM Nursing School, Agartala
3.	Sri Ashis Kumar Bhowmik	151	3 rd	Dr. BRAM Nursing School, Agartala

**List of GNM Students Obtaining Distinction Marks
1st year council Examination August'2013.**

SL. No	Name of students	Marks obtained	Subject	Name of Institution
1.	Smt. Jayasree Paul	84	Fundamentals of Nursing (Theory)	NTI, AGMC & GBPH
2.	Sri Sumit Datta	83	Fundamentals of Nursing (Theory)	Dr. BRAM Nursing School, Agartala
3.	Sri Kajal Bose	82	Fundamentals of Nursing (Theory)	Dr. BRAM Nursing School, Agartala
4.	Smt. Shilpi Singha	81	Fundamentals of Nursing (Practical)	INS, Durjoynagar
5.	Sri Sourav Goswami	81	Fundamentals of Nursing (Practical)	INS, Durjoynagar

**List of 2nd year GNM Students Obtaining Distinction Marks
Council Examination August'2013.**

SL. No	Name of students	Marks obtained	Subject	Name of Institution
1.	Smt. Jaeeta Acharjee	80	Medical-Surgical Practical	ILS Nursing Institute, Agartala

**List of 1st year ANM[®] Students Obtaining Distinction Marks
Council Examination August'2013.**

SL. No	Name of students	Marks obtained	Subject	Name of Institution
1.	Sri Prasanta Majumder	75	Practical - II	School of Nursing, TIPS, Hapania.

**List of Final year ANM® Students Obtaining Distinction Marks
Council Examination July'2013.**

SL. No	Name of students	Subject	Marks obtained	Name of Institution
1.	Smt. Sampa Debnath	Health Centre Management	77	ANM Training Institute, Udaipur
2.	Smt. Sarmistha Bhowmik	-Do-	76	
3.	Smt. Hashina Bibi	-Do-	76	
4.	Smt. Jayasree Bhattacharjee	-Do-	75	
5.	Smt. Sanchita Shil	-Do-	76	
6.	Smt. Jhuma Debnath	-Do-	75	

**List of Final year ANM® Students Obtaining Distinction Marks
Council Examination February'2014.**

SL. No	Name of students	Subject	Marks obtained	Name of Institution
1.	Smt. Minakshi Das	Health Centre Management	84	School of Nursing, TIPS Hapania
2.	Smt. Nabanita Saha	-Do-	84	-Do-
3.	Smt. Sudipa Shil	-Do-	82	-Do-
4.	Smt. Shilpi Saha	-Do-	79	-Do-
5.	Smt. Piyali Saha	-Do-	76	-Do-
6.	Smt. Sima Debbarma	-Do-	76	-Do-
7.	Sri Prasanta Majumder	-Do-	78	-Do-
8.	Sri Pradip Chakraborty	-Do-	79	-Do-
9.	Sri Narendra Sukla Das	-Do-	78	-Do-
10.	Smt. Puspita Choudhury	-Do-	75	-Do-
11.	Smt. Rinku Debbarma	-Do-	75	-Do-s



বাটস্‌ রোগ সঙ্ক্ৰে জাবন
স্বাস্থ্যবিদ্যে চেষ্টা হলে তাত
কালত চেষ্টা কৃত্ত প্রকৃতি স্বাস্থ্য
সুস্থ হতে পারে।
• অতিরিক্ত পিপাসা • অতিরিক্ত
স্নেহ করা। • প্রত্য শরীরের গঠন
ধমে ত্রুটি দেখে। • শরীরের কঠিনতা
। • হাতে-পায়ে কি কি করা বা
। • চোখের দৃষ্টি কমে যাওয়া।
। ৩ • বংশে জন্মগতীসু ত্রুটি থাকলে
শী হলে। • কম শারীরিক পরিশ্রম
হলে। • বারবার গর্ভনষ্ট হলে, মৃত
জন্মের সম্ভাবনা হই ৩ ও ৩.৫
৩ ৩ • রক্ত সুপ্তেরে মারা পক্ষা করা।
মিত সুখে খাবার গ্রহণে। • নিয়মিত
রা। • নিয়মিত রক্ত পরীক্ষা করা।
সম্পর্ক অনুসরণী খাবার বর্জি বা
করা।
সময় নির্ণয় হলে ও সঠিক চিকিৎসা
স্বাস্থ্যকালি গ্রহণিত করা যায়।
সি ফেরাম কর্তৃক জনস্বার্থে প্রকাশিত।